

Cheesy Chicken & Vegetable Soup

This recipe is loaded with creamy cheesy goodness- not to mention it's packed full of vegetables. Finding a healthy balance of what your family WILL eat and what you THINK they will eat is difficult, but this soup is the perfect combination! So sit back and enjoy this delicious soup while soup weather is still here!

Course Main Dish

Cuisine American

Servings

6-8 PEOPLE

Prep Time

10 MINUTES

Cook Time

25 MINUTES

Ingredients

- 4 tbsp Butter
- 1 tsp Minced Garlic
- 1-2 cups Shredded Chicken (cooked)
- 3 leaves Kales
- 1 Carrot (peeled)
- 1 head Broccoli
- 3 cups Chicken Broth
- 4 tbsp Cornstarch
- 2 cups Milk
- 1 1/2 cups Shredded Cheddar Cheese
- 1/2 cup Mozzarella Cheese